Ferraro's Cucina

Candied Ham

Ingredients

1 cup dark Brown Sugar 1 cup Real Maple Syrup 1/2 cup Molasses one pinch of Ground Cloves one pinch of Cayenne Pepper 2 teaspoons Dry mustard

Preparation

- In a medium pot combine the Corn Syrup, Molasses, Brown Sugar and Spices, mix and heat until thick & smooth.
- Glaze the Ham once before it goes in the Oven.
- Bake your Ham as you normally do according to its size/weight
- Continue glazing it every 10 minutes or so for a maximum candy shell.
- When the Ham is done, give it a final glaze while it's still warm and let it harden up...you can even slice it first and then add some Candy to each slice.
- Enjoy!











